



# PATHWAY TO ACHIEVE™ ANNUAL REVIEW

## Allegany County Detention Center

DECEMBER 2023 – DECEMBER 2024



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## Introduction

Pay Tel is honored to serve confinement facilities by providing our own inteleTABLET™ tablet solution featuring the Pathway to Achieve™ educational program.

This Annual Review summarizes the education that has taken place in your facility during the past year. This information demonstrates the self-identified needs of the detainee population and the coursework they are completing to help improve their lives and positively impact future decision-making. In addition, we've included a summary of all new courses, content and enhancements added to the tablets during the previous year.

## Executive Summary

### Engagement Rate



**82%** of people that completed the risk need assessment participated in at least one course.

### Proven Success of Learning Incentive Program

	2022-2023	2023-2024
Number of Active Learners	475	452
Total Learning Hours	3,277	3,679
Total Credits Earned	253,298	321,039
Total Courses Completed	24,278	29,312
Average Number of Courses Completed Per Learner	51	65
Average Time Spent Per Learner (Hours)	6	8
Average Number of Credits Earned Per Learner	533	710

### Top Courses & Time Spent Learning



#### 12 Steps to Recovery

54 Hours



#### Cognitive Strategies for Self-Control

41 Hours



#### The 5 Love Languages

35 Hours



#### In-The-Moment Strategies for Self-Control

33 Hours

### GED Course Participation



0

Learners Completed the Full GED Program

### Course Completion by Classification

■ Vocational

■ Basic Education

■ Self-Improvement

2052 1197

13315

## Risk/Need Assessment Analysis

The Risk/Need Assessment (RNA) is the core of the learning curriculum in Pay Tel's Pathway to Achieve Learning system. These questions are designed to assess each detainees criminal thinking (likelihood to reoffend) and need for education. After completing the RNA, the detainee learner is enrolled in course work that addresses their individual educational needs and their criminal attitudes and behaviors.

262 Detainees Completed the Risk Need Assessment

- 216 of those detainees went on to take Pathway to Achieve Courses
- This reflects an 82% engagement rate

## Allegany County Detainee Response Analysis

### CRIMINAL THINKING, SELF-CONTROL, AND ANGER

51% Think that most people break the law.

36% Admit they lack self-control. Most detainees in the Allegany County Detention Center do things that feel good in the moment but regret later and act without thinking of the consequences.

33% Get angry easily.

### EDUCATION

28% Do not have a High School Diploma or GED.

53% Want to attend college.

18% Have literacy challenges.

### JOB READINESS

43% Have been looking for a job and are not able to be hired.

55% Do not feel they make enough money for basic necessities and are often looking for a better job.

### RELATIONSHIPS

22% Admit they argue with their significant other daily or several times a week.

63% Want to improve their relationships with their children.

27% Say they hang around people that encourage them to do bad things.

### ADDICTION AND MENTAL HEALTH

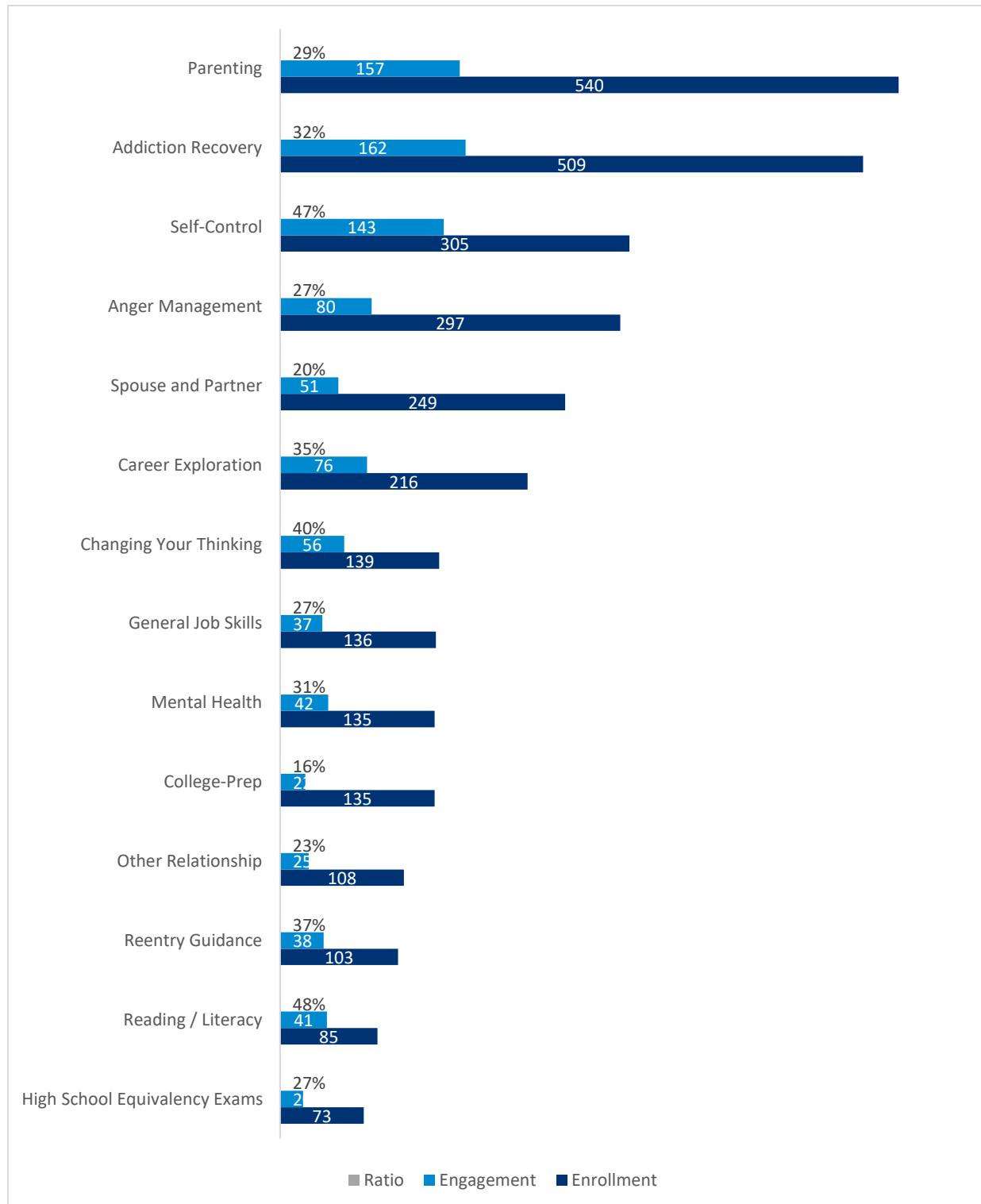
71% Admit they are addicted to alcohol and/or drugs.

63% Want treatment for their addictions.

52% Want help with their mental health.

## Suggested Course Engagement

Allegany County detainees have been enrolled in over 3,030 suggested courses based on their RNA responses. The detainees that stated they have issues with criminal thinking, addiction, literacy, and self-control have participated in courses on those topics.



## Proven Success of Learning Incentive Program

3,679 Hours Learning

321,039 Credits Earned

### LEARNING LEVEL BASED ON NUMBER OF CREDITS EARNED

<b>472</b> Bronze Learners (200+ Credits)	<b>246</b> Silver Learners (1000+ Credits)	<b>71</b> Gold Learners (3000+ Credits)	<b>12</b> Platinum Learners (7000+ Credits)
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### TOP COURSES AND TIME SPENT LEARNING

<b>12 Steps to Recovery</b> The Twelve Step programs are well known for their use in recovering from addictive and dysfunctional behaviors.	54 Hours 57 Minutes
<b>Cognitive Strategies for Self-Control</b> In this course, learners will learn the definition of self-control. They will be introduced to the science of self-control including: willpower, delaying gratification, thinking about end results, and goal setting.	41 Hours 2 Minutes
<b>The 5 Love Languages</b> This course was designed to help you learn the language of love and effectively communicate so that you can get your relationship back on track.	35 Hours 35 Minutes
<b>In-The-Moment Strategies for Self-Control</b> This lesson is going to teach learners about how they make decisions. It will teach them some of the tools that scientists have learned that help make better decisions.	33 Hours 43 Minutes
<b>Think Better, Live Better: Cognitive Distortions</b> This course will teach learners about common thoughts they have. It will ask learners to think about their own thoughts to see if there are some ideas that could be getting them into trouble	24 Hours 22 Minutes
<b>Cognitive Behavioral Therapy: Introduction</b> Cognitive Behavioral Therapy is a way to think about how learners make decisions to make sure they are making the best decision. Cognitive Behavioral Therapy can help learners change the way they think to change their actions.	24 Hours 20 Minutes
<b>Anger Management for Substance Abuse and Mental Health Clients</b> In this course, you are given information that describes anger management techniques and concepts as presented by the Substance Abuse and Mental Health Services Administration (SAMHSA) through the publication titled Anger Management for Substance Abuse and Mental Health Clients.	23 Hours 25 Minutes
<b>Guide to Successful Reentry</b> This guide will provide you with step-by-step actions you can take to plan for a successful reentry into society.	23 Hours 20 Minutes
<b>Substance Abuse</b> In this course, learners will, Identify the relationship between substance abuse and incarceration and differentiate between good and poor coping skills.	22 Hours 12 Minutes
<b>Career Interest Survey</b> This survey will ask you about different job functions and activities related to sixteen career paths. Then you will be shown the career clusters you are most interested in based on your responses.	20 Hours 13 Minutes

## Allegany County Course Completion Highlights

- Learners are completing self-improvement courses at a rate of almost twice as much as educational and vocational courses.
  - These completion rates could indicate that your detainee population sees gaining basic education or advancing their self-improvement skills, such as changing their thinking, as their number one goal.
  - This matches the Risk/Need Assessment results, which reflect over **36%** of your population indicated they lack self-control and do things that feel good in the moment but regret later and act without thinking of the consequences.
- 52% of your detainee population indicated that they want to improve their mental health. Over the past year **658** courses have been completed in the Mental Health category.
- 63% of your detainee population self-identified that they want help with their addiction. Over the past year **4,074** courses have been completed on Addiction Recovery.

## GED Program Participation

### TOTAL LEARNING TIME SPENT IN COMPLETING GED COURSES

**97** Hours Learning.

**57** Learners have started taking GED courses.

**0** Learners have finished all 167 courses.

0

57

### NAMES OF LEARNERS THAT HAVE COMPLETED ALL OF THE GED COURSES:

## Value of Education to Allegany County Detention Center

Providing detainees with free educational opportunities can yield many benefits, including a calmer, safer detention environment, reduced costs to jails and increased value to the local community. Our findings indicate that newly released citizens will be better educated, have better coping strategies, be better prepared for work and family obligations, and less likely to reoffend, which has a significant positive impact to the community.

*-Thomas E. Dearden, Ph.D.*

*"The Estimated Value of the Pay Tel InteleTABLET™ with Pathway to Achieve™" 2021*

### COST OF COMPARABLE PROGRAMS

Pay Tel provides inteleTABLET™ at no cost to Allegany County Detention Center. In contrast, as stated in our third-party study, to provide a single detainee with all the educational opportunities provided on Pay Tel's inteleTABLET™ would cost a jail an estimated \$1,731.09 per detainee every year.

Program	Per Detainee
Mental Health	\$232.70
Substance Abuse	\$312.89
Physical health	\$31.49
Vocational training	\$400.72
General Education	\$241.57
Parenting	\$210.00
Literacy and Language	\$143.22
Financial Literacy	\$54.80
Anger Management	\$24.95
Relationships	\$78.75
<b>Total</b>	<b>\$1731.09</b>

Number of Years	Total Participating Detainees	Total Client Value
4	452	<b>\$782,452.68</b>

### EDUCATION REDUCES RECIDIVISM

The Rand Study "Evaluating the Effectiveness of Correctional Education" proved that individuals who participate in correctional education programs had a **43% lower odds of re-offending** than those who did not.

## NEW CONTENT ADDED THIS YEAR

### Pathway to Achieve Feature Enhancements



#### COURSE CATALOG BY FACILITY

You can now download the course catalog that will be specific to your facility.



#### SCHEDULING REPORTS

For reports you need more than 6 months' worth of data, you can now schedule reports to be emailed to you within 24 hours.



#### FAITH BASED CLASSIFICATION

We've increased our faith-based courses, and it has its own classification.

### Pathway to Achieve Course Additions



#### SELF – IMPROVEMENT

Addiction/Substance Use	18
Religious/Spiritual	3
Mental Health	1
Physical Health	3
Welcome Home	13
Relationships	2
Anger Management	1
Parenting	1
Changing Your Thinking	2



#### VOCATIONAL

Life Skills	1
Discover More	2
Microlearning	1
General Job Skills	1
Bible Studies	9
Faith-Based Life Skills	24
News Inside	4
Victorious Living Magazine	4

### New Entertainment Offerings



#### MAGAZINES

We've updated our selection of magazines, offering a wide range of engaging reads. These new additions are part of our ongoing commitment to provide quality entertainment and educational resources for those in your care.



#### TV SHOWS

We are thrilled to announce a new feature that will take the entertainment experience to the next level! Our application will expand its horizons by including an array of TV shows to our library of content.